

# Making cooking at school easy with Cook In A Box

GET KIDS COOKING @School



Popular with thousands of Aussie students, **Cook In A Box** modules contain everything required to teach a class of up to 30 children in a 40 minute period, so there is nothing for teachers to prepare, plan or shop for. The easy to follow modules can be used to teach a lesson in the classroom, hall or anywhere at school (no kitchen required).

Tailored to ability levels from Prep/Kindergarten to Year 6, **Cook In A Box** modules provide not just a fun lesson, but also a rich, multi-faceted experience that spans curriculum targets. Each module is simple, cost-effective and fun, and includes;

- ✓ Teacher training – we show how to run a lesson including online video support featuring safety and hygiene tips
- ✓ Instructional videos to watch with students – you don't need to be a confident cook to teach a class
- ✓ Expertly written lesson plans and teaching ideas mapped to the Curriculum
- ✓ Simple, nutritious allergy aware recipes suitable for students to prepare in a kitchen, hall, COLA or even at their desks
- ✓ Ingredients, tools and recipe for each student to cook a portion size of whole recipe from start to finish by themselves
- ✓ Kid-safe utensils for students to ensure safety
- ✓ Cooking equipment (if required) – that your school keeps
- ✓ Paddock to plate - options to use produce from school garden
- ✓ Serving containers and eating implements so students can enjoy eating what they've made at school with minimal cleaning up at the end of the lesson
- ✓ Australia-wide FREE delivery straight to your school

We'll make it easy to bring a simple, nutritious and cost effective cooking program to your students that teaches basic cookery skills they will carry with them for life.

**Talk to us about how to fund at your school.**

PRE LESSON	Teacher watches instructional video and reads lesson plan
COOKING CLASS	Watch instructional video with class and follow lesson plan
POST LESSON	No leftovers, no mess, just eat and enjoy!

## THREE OPTIONS TO CHOOSE FROM:

### ONE-OFF COOKING CLASS

Choose a subject:

- ANZAC / Harmony Day celebrations
- NAIDOC / Aboriginal & Torres Strait Islander histories & cultures
- Australian Colonies
- Asia & Australia's engagement with Asia
- Study of a cultural group.

### 4 LESSON SKILL BUILDER

Learn core skills and build on capability over four lessons to give a range of cooking proficiency and four foundation recipes.

### 8 LESSON MASTERY

A suite of eight expertly chosen lessons and recipes help develop a strong ability, healthy eating habits, self-reliance and expanded palette, while encouraging an interest in cooking.



# COOK IN A BOX ORDER FORM

COOK IN A BOX	STAGE(S)/YEAR(S)*	NUMBER OF STUDENTS**	PRICE	SUB TOTAL
<b>One-Off Cooking Class</b> Subject: _____		_____ x \$4 per student FREE DELIVERY		
<b>SKILL BUILDER</b> 4 lessons		_____ x \$15 per student FREE DELIVERY		
<b>MASTERY</b> 8 lessons		_____ x \$24 per student FREE DELIVERY		
<small>*Lesson plans will be aligned to the stage/year ordered for ** Minimum order 20 students</small>			<b>+10% GST</b>	
			<b>ORDER TOTAL</b>	

Do you have a school kitchen?  Yes  No

Do any of your students have allergies to:  gluten  egg  dairy  seeds  seafood  
 other \_\_\_\_\_ **Note: ALL RECIPES ARE NUT FREE**

School \_\_\_\_\_ Purchase Order Number \_\_\_\_\_

Full address \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_ Contact email \_\_\_\_\_

Contact person \_\_\_\_\_ Phone \_\_\_\_\_

Email address for instructional video \_\_\_\_\_

Planned date to commence **Cook In A Box** class \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Payment details:**

Direct Deposit: Commonwealth Bank; BSB 062170; Account Number 10172153 (Enter School Name as reference)

Post cheque made out to Get Kids Cooking Pty Ltd

Please debit credit card Visa/Mastercard

Credit Card Number \_\_\_\_\_ Expiry \_\_\_\_ / \_\_\_\_ CVV number \_\_\_\_\_

Name on card \_\_\_\_\_ Amount \$ \_\_\_\_\_ Signature \_\_\_\_\_

**Terms and Conditions:** Packing and delivery of your order will be subject to receiving full payment. Please allow sufficient time for your planned day to cook.

**SUBMIT COMPLETED ORDER/CHEQUE TO:**

**EMAIL:**  
orders@getkidscooking.com.au

**MAIL:** Get Kids Cooking Pty Ltd  
PO Box 523, Forestville NSW 2087

**ONLINE:**  
getkidscooking.com.au/cooking-at-school/